

|                    |                |                         |                        |
|--------------------|----------------|-------------------------|------------------------|
| <b>Subject:</b> PE | <b>Year:</b> 8 | <b>Developed by:</b> LG | <b>Date:</b> Sept 2021 |
|--------------------|----------------|-------------------------|------------------------|

**INTENT**

- Develop a life long love of physical education
- Develop performance, leadership, education, healthy body and healthy mind- through the PE for life Olympic rings

*The themes for the year / areas of the curriculum to be studied / the big picture TO BE SHARED WITH STUDENTS (evidence in their books)*

**IMPLEMENTATION**

| Overview of Year – Topic area and Assessment | Term 1                 |   |   |   |   |   |   |   | Term 2                          |    |    |    |    |    |    |    | Term 3        |    |    |    |    |    |    | Term 4                          |    |    |    |    |    |    | Term 5    |    |    |    |    | Term 6                          |    |    |    |  |
|--|------------------------|---|---|---|---|---|---|---|---------------------------------|----|----|----|----|----|----|----|---------------|----|----|----|----|----|----|---------------------------------|----|----|----|----|----|----|-----------|----|----|----|----|---------------------------------|----|----|----|--|
|  | 1                      | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9                               | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17            | 18 | 19 | 20 | 21 | 22 | 23 | 24                              | 25 | 26 | 27 | 28 | 29 | 30 | 31        | 32 | 33 | 34 | 35 | 36                              | 37 | 38 | 39 |  |
| Health Related Fitness                       | Health Related Fitness |   |   |   |   |   |   |   | Badminton                       |    |    |    |    |    |    |    | Cross Country |    |    |    |    |    |    | Hockey Continued                |    |    |    |    |    |    | Athletics |    |    |    |    | Rounders                        |    |    |    |  |
| Netball                                      | Netball                |   |   |   |   |   |   |   | Basketball                      |    |    |    |    |    |    |    | Hockey        |    |    |    |    |    |    | Dance                           |    |    |    |    |    |    |           |    |    |    |    | Cardio Tennis                   |    |    |    |  |
| Football                                     | Football               |   |   |   |   |   |   |   | Option week to recap weaknesses |    |    |    |    |    |    |    |               |    |    |    |    |    |    | Option week to recap weaknesses |    |    |    |    |    |    |           |    |    |    |    | Option week to recap weaknesses |    |    |    |  |

See rota below for specific topics and the rota they follow

**IMPACT**

| Topic, Assessment, Readiness | Topic | Assessment Method | Mark Sch / Grade Boundaries                              | Knowledge / Skills / Understanding<br>To be shared with students             |
|------------------------------|-------|-------------------|--|--|
|                              |       | All topics        | Formative assessment at the end of each unit (3-4 weeks) | Core PE assessment criteria in planners based on each of the 5 Olympic rings |
|                              |       |                   |  |  |
|                              |       |                   |  |  |
|                              |       |                   |  |  |

## Y8 Autumn Term

|                       | Cycle 1<br>(2)<br>9/09-13/09 | Cycle 2 (6)<br>16/09-04/10 | Cycle 3 (6)<br>07/10-25/10    | Cycle 4 (6)<br>04/11-22/11        | Cycle 5(6)<br>25/11-13/12      | Cycle 6 (2)<br>16/12-19/12 |
|-----------------------|------------------------------|----------------------------|-------------------------------|-----------------------------------|--------------------------------|----------------------------|
| 8A                    | 09/09-11/09                  | 13/09-04/10                | 07/10-23/10                   | 25-10-22/11                       | 25/11-11/12                    | 13/12-19/12                |
| Girls<br>1            | <b>HRF</b>                   | <b>Hockey</b>              | <b>Netball<br/>Leadership</b> | Badminton                         | <b>Football</b>                | <b>OPTION</b>              |
| Girls 2<br>&<br>Mixed | <b>HRF</b>                   | Badminton                  | <b>Hockey</b>                 | <b>Dance</b>                      | <b>Indoor<br/>football</b>     | <b>OPTION</b>              |
| Boys 1                | <b>HRF</b>                   | <b>Rugby</b>               | Badminton                     | <b>Football<br/>Leadership</b>    | <b>Orienteering</b>            | <b>OPTION</b>              |
| Boys 2                | <b>HRF</b>                   | <b>Rugby</b>               | <b>Orienteering</b>           | <b>Yr 7 Dance<br/>Yr 8 Hockey</b> | <b>Football<br/>Leadership</b> | <b>OPTION</b>              |

## Spring Term

|    | Cycle 1<br>(8)<br>06/01-31/01 | Cycle 2<br>(8)<br>03/02-06/03 | Cycle 3<br>(6)<br>09/03-27/03 | Cycle 4<br>(2)<br>30/03-03/04 |
|----|-------------------------------|-------------------------------|-------------------------------|-------------------------------|
| 8A | 06/01-31/01                   | 03/02-06/03                   | 09/10-25/03                   | 27-03-03/04                   |

|                |                      |   |                             |               |
|----------------|----------------------|---|-----------------------------|---------------|
| <b>Girls 1</b> | <b>Cross-Country</b> | <b>Dance</b>                            | <b>Orienteering</b>         | <b>OPTION</b> |
| <b>Girls 2</b> | <b>Cross-Country</b> | <b>Netball</b>                          | <b>Orienteering</b>         | <b>OPTION</b> |
| <b>Boys 1</b>  | <b>Cross-Country</b> | <b>Yr 7 Dance</b><br><b>Yr 8 Hockey</b> | <b>Sportshall Athletics</b> | <b>OPTION</b> |
| <b>Boys 2</b>  | <b>Cross-Country</b> | <b>Badminton</b>                        | <b>Sportshall Athletics</b> | <b>OPTION</b> |

**Summer Term**

|                | <b>Cycle 1</b>                   | <b>Cycle 2</b>                   | <b>Cycle 3</b>                   | <b>Cycle 4</b>                   | <b>Cycle 5</b>                   | <b>Cycle 6</b>                   | <b>Cycle 7</b>                   | <b>Cycle 8</b>                   |
|----------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|
|                | <b>(6)</b><br><i>20/04-08/05</i> | <b>(4)</b><br><i>11/05-22/05</i> | <b>(2)</b><br><i>01/06-05/06</i> | <b>(2)</b><br><i>08/06-12/06</i> | <b>(2)</b><br><i>15/06-19/06</i> | <b>(2)</b><br><i>22/06-26/06</i> | <b>(4)</b><br><i>29/06-10/07</i> | <b>(2)</b><br><i>13/07-17/07</i> |
| <b>8A</b>      | <i>20/04-06/05</i>               | <i>08/05-20/05</i>               | <i>22/05-05/06</i>               | <i>08/06-10/06</i>               | <i>12/06-19/06</i>               | <i>22/06-24/06</i>               | <i>26/06-08/07</i>               | <i>10/07-17/07</i>               |
| <b>Girls 1</b> | <b>Athletics</b>                 | <b>Athletics</b>                 | <b>Rounders</b>                  | <b>Rounders</b>                  | <b>Rounders</b>                  | <b>Athletics</b>                 | <b>Cardio-Tennis</b>             | <b>OPTION</b>                    |
| <b>Girls 2</b> | <b>Athletics</b>                 | <b>Cardio - Tennis</b>           | <b>Rounders</b>                  | <b>Rounders</b>                  | <b>Rounders</b>                  | <b>Athletics</b>                 | <b>Athletics</b>                 | <b>OPTION</b>                    |
| <b>Boys 1</b>  | <b>Athletics</b>                 | <b>Athletics</b>                 | <b>Athletics</b>                 | <b>S + F</b>                     | <b>Cardio - Tennis</b>           | <b>Cardio-Tennis</b>             | <b>S + F</b>                     | <b>OPTION</b>                    |
| <b>Boys 2</b>  | <b>Athletics</b>                 | <b>Athletic</b>                  | <b>Cardio-Tennis</b>             | <b>Cardio-Tennis</b>             | <b>S + F</b>                     | <b>S + F</b>                     | <b>Athletics</b>                 | <b>OPTION</b>                    |